



Post-Graduate Certificate in Supervising Evidence-Based Low Intensity Psychological Interventions for Children and Young People in Education Settings

Programme Handbook 2024-2025



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The handbook and timetable are subject to change so please check ELE regularly for updates: <a href="Exeter Learning Environment">Exeter Learning Environment</a>

Welcome to the University of Exeter



## College of Life and Environmental Sciences, Psychology, and Improving Access to Psychological Therapies

We are very excited to bring you the University of Exeter's Postgraduate Certificate programme in Supervising Evidence-Based Low Intensity Psychological Interventions for Children and Young People in Education Settings. The training complements CEDAR's highly successful and expanding portfolio of children, young people and families clinical training programmes and contributes to our wider clinical training portfolio. We have a firm commitment to evidence based clinical practice and as such we endeavour to ensure all of our training programmes are firmly embedded within current research.

The team of highly experienced clinical trainers will endeavour to deliver the highest quality training to enable you to become competent and effective supervisors.

It is likely that you will find the training intensive and challenging, but hopefully enjoyable and especially practice enhancing.

**Prof. Catherine Gallop** 



Director of Post Graduate Taught Programmes

CEDAR I University of Exeter

Welcome to the PG Certificate in Supervising Evidenced-Based Low Intensity Psychological Interventions for Children and Young People in Education Settings

A very warm welcome to the Postgraduate Certificate programme in Supervising Evidence-Based Low Intensity Psychological Interventions for Children and Young People in Education Settings. This programme forms a key part of the national Mental Health Support Team (MHST) initiative as outlined with the Transforming Children and Young People's Mental Health Provision: A Green Paper (DoH & DfE, 2018). The supervisory role acts as a cornerstone of support for the development for the new trainee Education Mental Health Practitioner



(EMHP) role.

The overall aims of the MHST programme are to promote psychological wellbeing within education settings though the application of whole school approaches to mental health and early intervention and prevention for children, young people, and families. Effective and sustainable supervision is at the centre of the project's ambitions and hence there is the need for high quality and evidenced-based supervision training.

This training programme is heavily rooted within the development of the knowledge and clinical skills associated with whole school approaches and on the skills required to support Low Intensity, evidenced-based therapies. This course will equip supervisors with the skills associated with the EMHP role including the significance of low intensity case management and clinical skills supervision.

Successful completion of the clinical and written assignments and appropriate participation in tutorials, workshops and supervision will lead to the award of a Post Graduate Certificate. We hope that this training will enable you to act as advocates of the training and the wider programmes principles and priorities.

A major contributing resource to the programme is the knowledge and experiences that you as programme members bring. We intend to draw upon and honour this knowledge and experience in order to develop your supervision skills and increase awareness and theoretical understanding. It is important however, that understanding, and use of theory is integrated with clinical application in a rigorous and constructively critical manner.

We hope you enjoy the training and look forward to working with you over the coming months.

Jonathan Parker
Director of Portfolio
Project Lead
EMHP and CWP Programmes
CEDAR I University of Exeter
Supervisors Course Team
Meet the CWP, EMHP, and SWP team



Dr Catherine Gallop



Director of Clinical Training in Clinical Psychology

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# PG Certificate in Supervising Evidenced-Based Low Intensity Psychological Interventions for Children and Young People in Education Settings

# **Programme Aims**

The aim of this programme is to develop an advanced knowledge, understanding and competency in the skills required to supervise Low Intensity Wellbeing Practitioners, working in Education settings. Drawn from the Roth and Pilling CAMHs supervision competency framework, this involves both broad supervision skills as well as specific skills related to Low Intensity Wellbeing practice, as well as the specifics of supervising practitioners working in Education Settings. These supervision skills will extend beyond the individual work of the practitioner, into supervising and supporting the implementation of wider school initiatives to provide mental health support.

These aims are achieved via attendance at the University or online, supervisory practice of practitioners, engagement in supervision of supervision with the University, and the completion of programme assessments.

Trainee supervisors attend teaching, alongside monthly supervision of supervision, and tutorials. Trainee supervisors are required to complete a series of assessments and it is



expected that study time will be provided by the host service to support them in this. For a PGCert level the University standard is 10 study days, this is to be agreed with your service.

It is our intention that students from all diverse backgrounds and perspectives be well served by this course, that students' learning needs be addressed both in and out of teaching sessions, and that the diversity that students bring to this cohort be viewed as a resource, strength, and benefit. It is our intention to present materials and activities that are respectful of diversity: gender and gender identify, sexuality, disability, age, socioeconomic status, ethnicity, race, and culture. Your suggestions are invited, encouraged, and appreciated. Please let us know ways to improve the effectiveness of the course for you personally or for other students or student groups. In addition, if any of our training sessions conflict with your religious events, or if you have a disability or other condition necessitating accommodation, please let us know so that we can make the necessary arrangements for you.

(Adapted from a diversity statement from the University of Iowa, College of Education)

Our goal as a learning community is to create a safe environment that fosters open and honest dialogue. We are all expected to contribute to creating a respectful, welcoming, and inclusive environment. To this end, classroom discussions should always be conducted in a way that shows respect and dignity to all members of the class. Moreover, disagreements should be pursued without personal attack and aggression, and instead, should be handled with grace and care. This will allow for rigorous intellectual engagement and a deeper learning experience for all.

(Adapted from a diversity statement from Yale University - Dr. Carolyn Roberts, Assistant Professor, History of Science & History of Medicine, and African American Studies)

## Learning Outcomes

On successful completion of the EMHP Supervisor course, you should be able to:

 Synthesise theory and competencies in planning, delivering, and reflecting on clinical supervision of psychological interventions in education settings Commented [IK1]: I haven't amended these to include EDI so

Commented [WR2]: @Hutton, Laura - does this make sense? 'clinical supervision of clinical supervision..' should it just be clinical supervision of supervision or remove one of these?

**Commented [HL3R2]:** Definitely doesn't make sense! I've changed it- thanks this is why it's great you're doing this!



- Demonstrate generic and modality specific competencies in clinical supervision of evidence-based psychological therapies / interventions for children and young people in education settings
- Evidence through the reflective supervision report how reflection on your clinical supervision skills influences your practice
- Identify how you meet the relevant national competency standards for clinical supervision of psychological interventions in education settings
- Address systematically complex supervision problems which may be framed within
  unpredictable contexts, think critically, creatively, and independently, and fully
  appreciate the complexities of the issues, supporting practitioners to audit, appraise
  and implement psychological interventions in Educational Settings
- Support practitioners to maintain high caseloads through competencies in structured case management supervision
- Support practitioners to maintain fidelity to the Low intensity model, whilst being able to adapt materials to suit a wide range of developmental ages and abilities
- Describe the wider ethical and professional issues encountered within clinical supervision
- Appraise your personal strengths and weaknesses in training and experience, and reflect upon the implications for your further training needs
- Give accurate and constructive feedback
- Adapt your practice to consider ethnic, cultural and/or other backgrounds, and protected characteristics

Acronyms



Throughout the course you will encounter several abbreviations. Please find a list of the most frequently used.

ABCEs – Autonomics, Behaviours, Cognitions, & Emotions

BPS - British Psychological Society

BABCP - British Association for Behavioural and Cognitive Psychotherapies

CAMHS - Children and Adolescent Mental Health Services

CEDAR - Clinical Education Development and Research

CBT - Cognitive Behavioural Therapy

CM - Case Management

CMSA – Case Management Supervison Assessment

CS - Clinical Skills

CWP - Children's Wellbeing Practitioner

CYP - Children and Young People

EBP - Evidence Based Practice

MHST- Mental Health Support Team

EMHP - Education Mental Health Practitioner

ESQ - Experience of Service Questionnaire

GSH – Guided Self Help

HEE – Health Education England

IAPT - Improving Access to Psychological Therapies

LI - Low intensity

PEG - Psychoeducational Group

POD – Practice Outcomes Document

RC - Reflective Commentary

ROMs - Routine Outcome Measurement

RCADS - Revised Children's Anxiety and Depression Scale

RCT - Randomised Control Trial

SFQ – Session Feedback Questionnaire

SPSR – Self Practice / Self Reflection

WSA - Whole School Approach

**Commented [WR4]:** @Hutton, Laura CMSA = supervisor assessment, or supervision assessment?

Commented [WR5]: Add MHST - mental health support team @Hutton, Laura

Commented [WR6R5]: @Hutton, Laura

Commented [WR7]: @Hutton, Laura Should we add an 'SWP' acronym - this is stated earlier in the handbook - aware this isnt essential or mentioned/relevant for the handbook but is stated earlier in 'Meet the CWP, EMHP, and SWP team '.



## **Programme Structure**

**Programme Dates** 

Induction: Monday 30<sup>th</sup> September and Tuesday 1<sup>st</sup> October 2024

First teaching day: Monday 7th October 2024

Half-term: Monday 28th October – Friday 1st November 2024

Winter break: Monday 16<sup>th</sup> December 2024 – Friday 3<sup>rd</sup> January 2025

Half-term: Monday 17<sup>th</sup> February – Friday 21<sup>st</sup> February 2025

Spring break: Monday 7th April – Monday 21st April 2025

Half Term: Monday 26th May- Friday 30th May 2025

**Summer break:** Monday 14<sup>th</sup> July – Tuesday 5<sup>th</sup> September 2025

## **Teaching timings**

The timing of the teaching sessions are as follows unless you are informed otherwise.

Session 1: 9:45 to 11:00

Morning break: 11:00 to 11:30

Session 2: 11:30 to 12:30

Break: 12:30 to 1:30

Session 3: 1:30 to 2:45

Afternoon break: 2:45 to 3:00

Session 4: 3:00 to 4:00

# Study days

You have 10 study days in addition to your teaching sessions from the University which have been scheduled within the timetable. Please discuss the study days with your service to ensure they are mutually convenient.

**Commented [WR8]:** Have added the days (e.g mon/friday) for half terms - please redact if days not needed:) @Hutton, Laura

Commented [HL9R8]: Great, thank you!



#### Supervision of supervision

**Commented [IK10]:** Might be worth being super explicit that these are now on Wed and Thu and workshops are on a Mon PM s that people know from the start (and don't complain)

Once you have completed the teaching element of the course, you will move on to attending monthly supervision of supervision (SoS) in small groups and whole cohort clinical skills workshops. These sessions mirror the supervision sessions that you will provide to practitioners in your service and support your POD development as you move towards the end of the course. As with any supervision, you will first create a supervision contract with your supervisor which will be used to guide the supervision moving forward. You are required to bring a taped example of you offering supervision with a specific supervision question to explore in the group at each supervision session, in addition to completing the supervision paperwork. If tapes are not brought to supervision, this will be discussed with the programme lead and your workplace. There are six sessions of supervision of supervision with attendance required at all supervision sessions (one additional session timetabled). If there are any issues which prevent you from attending supervision, these must be discussed with your supervisor immediately to put a plan in place to facilitate you meeting the requirements to pass the course.

The SoS sessions run on a Wednesday or a Thursday, you will be informed of your SoS day by your university supervisor. The whole cohort clinical skills workshops are held on a Monday afternoon, from 1.30pm- 4.30pm. The workshop dates can be found in the course timetable, please ensure that you are able to attend the workshops.

You can gain further information about SoS and workshops via the Padlet library, as well as the forms that you will be asked to use in the space. Please follow the link or QR code below to access the Padlet library.

## Padlet Library:

https://exeter.padlet.org/ch880/emhp12-supervisors-padlet-library-apd59qqm9z5ecqix

Commented [WR11]: @Hutton, Laura the padlet link requires a password - is this something we want to change privacy settings on/ or include the password for (if same password) for all padlet links? Should potentially gain access/ work without a password if student is logged into their student account - I wonder if we state this somewhere in the handbook to avoid getting emails to state whats the password/cent access the link?





#### **Tutorials**

## **Individual 1-1 Tutorials**

You will be allocated an academic tutor at the university, who will be a member of the course team. Your tutor will offer you two 20-minute tutorials over the duration of the course. Tutorials will take place online and are already scheduled on your timetable. Your tutor will contact you closer to the date to arrange the specific time on the day.

#### Mid-term review

You will also have a mid-term review tutorial which will be between yourself, your University Supervisor, and your Service Manager or supervisor.

## The tutorials aim to give you the opportunity to link with your tutor to:

- Review and reflect on your development and the course
- Give and receive feedback on assessed work
- Give and receive feedback on the course
- Review your clinical portfolio and practice
- Have a safe environment for addressing personal development

**NB:** If trainees have any concerns or issues that may be impacting on their ability to participate fully in the training or causing them any distress or concern, trainees are strongly encouraged to notify either their tutor or any member of the course team as soon as possible, rather than wait for their 1:1 tutorial.

The tutorial form is provided on ELE and will be completed with you during the tutorial with your supervisor. They will send you a copy to retain for your records.

#### **Timetable**

As the timetable is subject to change, this document is provided separately at the start of the course. An up-to-date copy will always be available on ELE.

Commented [WR12]: @Hutton, Laura could potentially add \*\*Tutorials will take place online, and are already scheduled on you timetable. Your tutor will contact you closer to the date to arrange the specific time on the day.\*\*

**Commented** [WR13]: Should we change 'NB' to be please note'.
@Hutton, Laura



- Please note that you have been allocated 10 university study days. We have timetabled these in to support with assignment submissions. Please discuss these with your service if you need to negotiate different days.
- Please make your service manager aware that the mid-course review days are scheduled for the week commencing 28<sup>th</sup> April 2025 – if there is a foreseeable issue with availability on these days (such as manager's non-working day) please notify your university tutor ASAP.



# 

Assignment dedunites 2024/25							
Assessment	Requirements	% of marks		First Deadline	Mitigated Deadline *2 weeks later	<b>Deferred Deadline 1</b> *4 weeks later	Deferred Deadline 2 *6 weeks later
Mapping activity	Formative 2x 400-word	0	Submission date	09.12.2024	23.12.2024	14.01.2025	28.01.2025
wapping activity	summaries	0	Return date	07.01.2025	21.01.2025	04.02.2025	18.04.2025
Supervisor report	Formative completed by university supervisor	0	Sent to student by supervisor via email	W/C 31.03.2025			
CMSA recording	Formative Min 4 cases, max	0	Submission date	28.04.2025	13.05.2025	28.05.2025	11.06.2025
civis/trecording	60 min	, ·	Return date	28.05.2025	11.06.2025	25.06.2025	09.07.2025
Reflective	Formative	0	Submission date	28.04.2025	13.05.2025	28.05.2025	11.06.2025
commentary	2000 words	U	Return date	28.05.2025	11.06.2025	25.06.2025	09.07.2025
Optional deadline	Send one POD Outcome of your choice to	0	Submission date	No later than 01.09.2025			
One POD outcome	academic tutor by email	,	Return date	Within 5 working days			
Implementation presentation	Summative 20- minutes, pre-	50%	Submission date	08.09.2025	22.09.2025	06.10.2025	20.10.2025
	recorded		Return date	29.09.2025	13.10.2025	27.10.2025	10.11.2025



Supervisor report	Summative completed by university supervisor Pass/ fail	0	Sent to student by supervisor via email	W/C 15.09.2025			
CMSA recording	Summative Min 4 cases, max	60%	Submission date	06.10.2025	20.10.2025	03.11.2025	17.11.2025
3	60 min		Return date	03.11.2025	17.11.2025	01.12.2025	15.12.2025
Reflective	Summative	40%	Submission date	06.10.2025	20.10.2025	03.11.2025	17.11.2025
commentary	2000 words	40%	Return date	03.11.2025	17.11.2025	01.12.2025	15.12.2025
Essay	Summative,	50%	Submission date	03.11.2025	17.11.2025	01.12.2025	15.12.2025
LSSdy	3000 words	30%	Return date	24.11.2025	08.12.2025	22.12.2025	20.01.2026
Practice			Submission date	24.11.2025	08.12.2025	22.12.2025	13.01.2026
outcome document (POD)	Pass/Fail	0	Return date	22.12.2025	13.01.2026	27.01.2025	10.02.2026
Portfolio	Pass/Fail	0	Submission date	24.11.2025	08.12.2025	22.12.2025	13.01.2026
POLITORO	Pass/Fall	Pass/Fall U	Return date	22.12.2025	13.01.2026	27.01.2025	10.02.2026

Module 1 – PYCM123	Supervising Evidence-Based Psychological Interventions in Child and Adolescent Mental Health or Education Settings
Module 2 - PYCM090	Clinical Supervision Practice Placement (Wellbeing Practitioner for Children and Young People)



#### Assignment overview

Please note that previous exemplars are available on ELE. Furthermore, there is a padlet for each assignment along with exemplars and a short video introducing the assignment.

Links to individual assignment padlets can be found on the Padlet library titled 'assignment support padlets':

https://exeter.padlet.org/ch880/emhp12-supervisors-padlet-library-apd59qqm9z5ecqix

Supervising Evidence-Based Psychological Interventions in Child and Adolescent Mental Health or Education Settings
Clinical Supervision Practice Placement (Wellbeing Practitioner for Children and Young People)

#### Formative presentation outline

## Formative Mapping Activity

## Assignment task

The aim of this 2 x 400-word mapping activity is to demonstrate your knowledge and understanding in preparation for the summative assignments. There are two topics within this mapping activity, and both topics must pass to receive a satisfactory rating overall.

The first activity relates to your understanding of the EMHP practitioner modules 4-6, demonstrating how you support with EMHP/CWP-specific clinical skills supervision. You will outline one example of a theme or specific clinical skills supervision question (practitioner Module 4-6) brought by a supervisee that you intend to use in your summative presentation.

For topic 2, you will need to demonstrate an ability to evaluate one strength or area for improvement in your supervisory practice of supporting equality, diversity, and inclusion (EDI) in preparation for the summative essay submission. This summary should identify a specific topic. Awareness of strengths or areas for improvement should be identified and related to literature to highlight the importance of this area for practice. Clear action plans and SMART goals should be included for each topic.

## How your work will be assessed

Your work will be assessed by the extent to which it demonstrates your achievement of the stated learning outcomes for this assignment as defined in the mark scheme. This will be marked as pass or fail and formative fails will not require resubmission.

Formative supervision recording (CMSA)

**Commented [IK14]:** Similar to previous comment, there used to be padlet links but we removed them in case you were wondering about the rationale

Commented [WR15]: @Hutton, Laura could possibly be changed to \*please note that previous exemplars of assignments are available on ELE. Furthermore, there is a padlet for each assignment along with exemplars and a short video introducing the assignment. The padlet links provide support and all the essential information to prepare for and complete your university assignments.\*

**Commented [WR16]:** @Hutton, Laura should we provide a title for what each module is e.g module 4.... module 5... module 6 - ...

**Commented [WR17R16]:** Again, if wish to include title include this for the summative presentation part on pg 20



#### Formative supervision recording (CMSA)

#### Assignment task

Video recording of a 1:1 case management supervision session. The recording should be one tape that has not been tampered with (the recording must include the whole supervision interaction). Marking stops at 60 minutes. You must gain verbal consent to record within the first 15 minutes of the recording, if verbal consent is not gained the marking will stop at 15 minutes and this will result in an automatic failure.

The recording should demonstrate your ability to work with high caseloads and therefore at least four cases should be discussed. Recordings that discuss 3 or fewer cases will automictically fail. Failure to manage risk properly will also result in an automatic failure of the submission.

#### How your work will be assessed

Your work will be assessed on the extent at which you demonstrate your ability to meet the criteria on the CMSA marksheet. This includes detailed discussions around risk, which must be included for each of the clients brought. If there is no risk discussion or if the risk discussion is vague this will automatically fail.

There is also a requirement for the practitioner to bring four cases to the session that all fall in line with a case management supervision category.

#### Formative reflective commentary

# Formative reflective commentary

#### Assignment task

The aim of this 2000-word, written reflective commentary is to support trainees in reflecting upon the strengths and weaknesses of their clinical work. Reflective practice is an essential skill that supports continued professional and clinical development. NB – Marking will stop at 2000 words.

## How your work will be assessed

Your work will be assessed on the extent to which it demonstrates your achievement of the stated learning outcomes for this assignment and against other key criteria, as defined in the reflective commentary guidance document and mark scheme. Formative failed submissions do not require resubmission. Resubmissions of summative will be capped at 50%. This module will also be capped at that percentage.

## Summative supervision recording (CMSA)

# Summative supervision recording (CMSA)

Commented [WR18]: @Hutton, Laura \*you must gain verbal consent to record from your supervisee to consent to record within the first 15 minutes of the recording. If verbal consent is not gained marking will stop at 15 minutes and this will result in an automatic failure. \*

**Commented [WR19R18]:** if changing the slight word - amend summative submission assignment wording on pg. 19 to reflect this

Commented [WR20]: @Hutton, Laura Really specific of me and maybe overkill!!! but NB used a few times - obvious what it may state but if abbreviated and not stated should we use another term?



#### Assignment task

Video recording of a 1:1 case management supervision session. The recording should be one tape that has not been tampered with (the recording must include the whole supervision interaction). Marking stops at 60 minutes. You must gain verbal consent to record within the first 15 minutes of the recording, if verbal consent is not gained the marking will stop at 15 minutes and this will result in an automatic failure.

The recording should demonstrate your ability to work with high caseloads and therefore at least four cases should be discussed. Recordings that discuss 3 or fewer cases will automictically fail. Failure to manage risk properly will also result in an automatic failure of the submission.

#### How your work will be assessed

Your work will be assessed on the extent at which you demonstrate your ability to meet the criteria on the CMSA marksheet. This includes detailed discussions around risk, which must be included for each of the clients brought. If there is no risk discussion or if the risk discussion is vague this will automatically fail.

There is also a requirement for the practitioner to bring four cases to the session that all fall in line with a case management supervision category.

#### Summative reflective commentary

## Summative reflective commentary

## Assignment task

The aim of this 2000-word, written reflective commentary is to support trainees in reflecting upon the strengths and weaknesses of their clinical work. Reflective practice is an essential skill that supports continued professional and clinical development. NB – Marking will stop at 2000 words.

## How your work will be assessed

Your work will be assessed on the extent to which it demonstrates your achievement of the stated learning outcomes for this assignment and against other key criteria, as defined in the reflective commentary guidance document and mark scheme. Resubmissions of summative will be capped at 50%. This module will also be capped at that percentage.

## **Summative presentation**

Summative presentation
Assignment task



The aim of this 20-minute presentation is for students to demonstrate their knowledge and understanding of modules 4-6, how they supervise these elements within a clinical skills supervision space, and what they have learnt from the supervisory process.

#### How your work will be assessed

Your work will be assessed on the extent to which it demonstrates your achievement of the stated learning outcomes for this assignment and against other key criteria, as defined in the presentation guidance document and mark scheme. Resubmissions of the summative submission will be capped at 50%. This module will also be capped at that percentage.

#### Clinical essay

# Clinical essay

#### Assignment task

3000-word essay to demonstrate your ability to critically evaluate how supervisor competencies are developed in line with EDI within clinical skills supervision. Demonstrating how this has been achieved in your own practice by discussing a clinical skills case study.

#### How your work will be assessed

Your work will be assessed by the extent to which it demonstrates your achievement of key criteria, as defined in the clinical essay guidance document and mark scheme. This is a summative assessment only. Resubmissions of the assignment will be capped at 50%. This module will also be capped at that percentage.

## Supervision portfolio

## Supervision portfolio

# Assignment task

The portfolio collates key documents from the supervision that you have delivered and received which details evidence of your experience, development, and best practice. The portfolio checklist, which can be found on the padlet link, contains a breakdown of the documents to be included.

## How your work will be assessed

Your work will be assessed on the extent to which it demonstrates your supervisory practice through the inclusion of your supervision documents. Ideally, you will have gained consent from your supervisees to share your supervision documents. However, where this has not been possible all identifiable information should be redacted.

Commented [WR21]: I dont know why but the supervision delivered and received doesnt read so well? Perhaps writing \*the portfolio collates key documents from your supervision that you have delivered and received which details evidence of your experience, development and best practice\* @Hutton. Laura



## **Practice Outcomes Document**

## Practice outcomes document (POD)

#### Assignment task

The POD consists of 14 outcomes which relate to the Roth and Pilling (2008) supervisory competencies. You are required to describe and evidence how you have met each of these competencies during your supervision training. The POD outcomes can be found on the padlet link.

There is no word count for this piece, however, it is recommended that you write around 500 words per outcome.

## How your work will be assessed

Your work will be assessed on the extent to which you demonstrate that you have met the 14 POD competencies. A consideration will be made to the quality of evidence included for each outcome. Ideally you will have gained consent from your supervisees to share your supervision documents. However, where this has not been possible all identifiable information should be redacted. One draft outcome may be sent to your university tutor for formative feedback ahead of the deadline.

**Commented [WR22]:** @Hutton, Laura Include at the end 'You can find the date for this to be sent to your university supervisor in your university timetable'.

Unsure if we have an agreed date (it is in the timetable) or whether supervisors are flexible with this? Perhaps if flexible could state something like \*you can find the suggested date for this to be sent to your university supervisor in your university timetable. If there are any issues with this date, as this is an optional opportunity for feedback please discuss this with your university supervisor\*.



#### Formative and Summative Supervision recording information (CMSA)

Along with your tape recording you must include the following;

- Cover sheet
- Consent to record form

You will have to submit **two** different supervision video recordings over the year (one formative and one summative).

## **Guidance on Recording Sessions**

You will be expected to submit two videos as part of the clinical assessment, a formative and summative submission. It is essential that you obtain the written and verbal consent from your supervisee for the recording to be used for a) university SoS and b) formative and summative CMSA's / case management supervision assessments. The consent to record forms must be submitted with your competency tapes. Verbal consent to record must be gained from your supervisee within the first 15 minutes of the recording. Failure to do so, will result in the assignment being auto failed and a further tape must be submitted. The consent form also asks whether your supervisee will be willing for the recording to be used in future training. You should consult your placement supervisor/manager about your Trust's policies on storing and transporting/transferring the recordings.

## **Recording Equipment**

All services should provide supervisors with recording equipment. Where possible these should enable trainees to make video recordings.

## **Marking Criteria**

The CMSA (Case Management Supervisors Assessment) instrument is used to assess supervision competencies. These are available on ELE and on the padlet for this assignment.

#### **Formative Guidance**

Your formative recording must be submitted by the deadline unless mitigation has been granted. The videos must be clearly audible and be of a complete session where at least four cases are completed (including summary and action plan) in **no more than one hour**. Marking stops at 60 minutes so marks will not be awarded for any discussions that happen after the 60-minute mark.

#### Summative evidence

Your final summative video must be submitted by the deadline unless mitigation has been granted. The video must be clearly audible and be of a complete session of **no more than one hour**. Minutes over 60 will not be marked. Trainees MUST achieve an overall mark of 50%. A pass mark of 50% on this measure will need to be achieved on the final summative tape.

Commented [WR23]: @Hutton, Laura This looks fine to me as in separate headings - but it is repeated twice so close together. Potentially keep or redact?



#### Important information regarding automatic fails of CMSA

Marking stops at 60 minutes. Failure to complete four cases within the 60 minutes will result in an auto fail. A completed case is a case discussion which clearly summarises the presenting difficulty, changes in risk, and concludes with a summary, and an action plan.

Your tape must be one continuous recording of up to 60 minutes, tapes must not be split into two or more clips. The whole supervision interaction must be included in the tape.

Please ensure you watch your recording before submitting to check for any technical errors or issues. If tapes are suspected of being edited or if the recording is inaudible to the marker or the supervisor and/or supervisee cannot be seen, this will result in an auto fail and a further tape must be submitted.

You must gain written and verbal consent to record from your supervisee. If verbal consent to record is not gained within the first 15 minutes of the recording the piece will be an auto fail and will not be marked. A further tape will be required to be submitted.

If any identifiable information is included in the tape (especially when sharing screens during remote supervision) it is considered a serious confidentiality breach and will result in automatic failure.

**Commented [WR24]:** @Hutton, Laura Should it state here that tapes must not be paused at any point once the recording has started?

## **Assessment Hand-In Procedure**

All online written submissions must be done via ELE2 where a plagiarism check will automatically take place (via the Turnitin software).



Cover sheets are only required when submitting a tape.

Prior to your first submission you will be sent submission guidance to your student email address, alternatively this information is all available on ELE2.

## **Competency Recordings and Reflective Commentary**

- Recording submissions and consent forms are currently submitted via MS Forms. A link to the upload form will be shared with you by your programme administrator.
- You must submit all supporting documents (i.e. reflective commentary, cover sheet) electronically via ELE2 as instructed by your administrator by 1pm on the date given for submission.

All other submissions:

• All other submissions must be submitted to ELE2 by 1pm on the date given for submission.

# Management of work submitted late and mitigation issues

First Attempts:	
Submitted on time	No penalty applied.
Submitted within 1 hour of the deadline	Penalty of 5% of the total marks available (down to a pass mark) applied.  If student has not achieved a pass mark the
	penalty of 5% of the total marks will not be applied.
Submitted between 1 hour and 24 hours of the deadline	Penalty s mark will be capped at a pass mark.
Submitted later than 24 hours after the deadline	Penalty is a mark of 0 will be applied.
Resubmissions/Referred Attempts:	
Submitted on time	No penalty applied.
Submitted any time after the deadline	Penalty is a mark of 0 will be applied.
	For CEDAR students failure of a referred assignment will result in failure of the module and the programme.
First Attempts where 3 week mitigation has been granted (excludes Deferred deadlines):	
Submitted on time	No penalty applied.
Submitted any time after the deadline	Penalty is a mark of 0 will be applied.

Commented [WR25]: @Hutton, Laura change to microsoft forms and not MS forms?

Commented [IK26]: worth checking with Peter that all info is up to date - I really want us to make a mitigations padlet so that the info is more easy for students to access - maybe we can ask in the team day?



These penalties will not, however, be imposed if you have a mitigation request approved.

All mitigation requests must be submitted by sending a completed mitigation request form either before the deadline or within ONE working day after the deadline to <a href="mailto:CEDAR-mitigations@exeter.ac.uk">CEDAR-mitigations@exeter.ac.uk</a>.

Guidance on CEDAR Mitigation Process and the form to complete can be found here: https://ele.exeter.ac.uk/course/view.php?id=8259

Acceptable grounds for mitigation are also available here: <u>FAQ | Student hubs | University of Exeter</u>

#### Resubmissions

#### **Re-assessment Procedures**

Referral: A referral is a further attempt permitted by the examiners, following initial failure of an individual module, at the assessment(s) or examination(s) for that module. There is no requirement to repeat attendance. For any assessment, candidates have a right to be referred on one occasion only. Where the Board of Examiners decides there are adequate grounds, such as medical reasons or exceptional personal circumstances, it may allow a deferral (i.e., re-assessment without the mark being capped), or permit a further referral.

In the event of any piece of work being referred it will be returned to the programme member with the following information:

#### **Resubmission Instructions**

The internal markers have assessed your work. Unfortunately, it has not passed and has been sent to the external marker. You will be contacted by the course team to confirm how many weeks you have to resubmit.

Where assessments for part or all of a module are referred the whole module must be capped

Commented [WR27]: @Hutton, Laura Should we include 'if you require any further support regarding mitigation, or have any mitigation enquiries please contact CEDAR-mitigations@exeter.ac.uk.' oR the cwp/emhp mailbox at CWP-EMHP@exeter.ac.uk?'

Commented [WR28]: @Hutton, Laura I think this isnt finished? Perhaps something like 'in the event that the internal markers have assessed your work, and unfortunately it has not been passed - you may be required to resubmit your work. To find out which assignments require resubmission, please see the assignment guidance. On a resubmission, you will have \*\*\* weeks to resubmit\* and maybe something about the external marker and how this is



at 40% for undergraduate modules and 50% for postgraduate modules.

Resubmitted work should be submitted alongside:

• A cover sheet that shows how you have addressed the issues identified (see overleaf)

Candidates referred in a module must submit new work to be assessed, or re-sit examinations, at a time agreed by the programme team. Exceptionally, the Examiners may direct that referral be limited to particular components of a module.

Candidates referred in any of the taught modules will normally be required to complete revised assessments for those modules by the dates specified by the IAPT Programme Director which will be up to one month following receipt of the failed assessment.

**Commented [WR29]:** @Hutton, Laura I've read this a few times and I'm not sure what this is saying - is it stating that where assessments for part or all of a module have required resubmission/failed? And what is the impact for which module? (1/2 or both?).

Commented [WR30R29]: I think I am starting to get the referral part for resubmission - in the module descriptors link here (Module Information | Study information | University of Exeter) it has some really useful info around resubmissions which captures thi part really well and may help with the written part that we could use in the handbook instead maybe?

For example, it writes 'In all summative submissions, re-assessment will be the same as the original assessment. Where you have been referred/deferred for any form of component detailed above, you wil have the opportunity to retake within 4 weeks from the date that feedback was provided. If you pass re-assessments taken as a result of a fail, the overall module mark will be capped at 50%, except for the supervision portfolio and practice outcomes document which wil not result in a module cap. If you fail re-assessments, you will be failed in the module and as a consequence you will be failed in the programme and your registration as a student at the University will be terminated.'

need to be altered e/.g take out detailed above part and ensure happ with what it says\* Hope this helps @Hutton, Laura

Commented [HL31R29]: Really helpful- I'll send to admin to look over for me too

**Commented [WR32]:** @Hutton, Laura What is the overleaf and where is this located?

Commented [WR33R32]: Might just be me but still unsure what 'referred' in a module means? Perhaps this paragraph may need to be revisited/rewrote



## Attendance Policy

## **Taught Student Attendance and Engagement Policy**

- 1. Principles and expectations
- 1.1 Students Registered on University of Exeter programmes are required to:
- be in attendance during academic terms and present at all scheduled learning and teaching activities required by the module and/or programme
- engage with and participate in all guided independent and group study, assessment and feedback, and any other activities required by the module and/or programme
- attend examinations, submit work when required, and otherwise fulfil the academic requirements of their modules and programme
- 1.2 The requirements above are recognised by the University of Exeter as important due to the positive impact they can have upon the following:
- ensuring support for students' welfare, health and wellbeing, for example through implementation of Individual Learning Plans (ILPs) and the Health, Wellbeing and Support for Study Procedures
- enhancing a sense of community and enriching the student experience as a result of participation in collaborative learning, social interaction with staff and fellow students, and support from peers
- promoting success for all students, regardless of background and/or characteristic
- improving academic performance/attainment
- improving graduate employment outcomes
- heightening student satisfaction in relation to the quality and standard of teaching and learning experiences, academic support, etc
- 1.3 'Attendance' encompasses the activity of being present at scheduled learning, teaching and other activities required by the module and/or programme. This **may** include:
  - physical attendance at face-to-face scheduled teaching and/or other learning events as required by the programmes (e.g. lectures, seminars, laboratory sessions, tutorials, fieldtrips and examinations)
- virtual attendance at synchronous teaching and/or other learning events as required by the programmes (e.g. video conferencing of live sessions and synchronous participation in an online forum)

Commented [IK34]: might be worth adding the clause aroundif you are expected £f but attempt to join online we might not let yo unless we were warned in advance/the reason is 'pre aproved' - I thin the practitioners course had a list?



- 1.4 'Engagement' encompasses the activity of engaging with, and participating in, guided independent or group study activities, assessment and feedback, and any other activities required by the module and/or programme. Such activities **may** include:
- submitting formative and/or summative assessment
- accessing and/or interacting asynchronously with online learning materials, including viewing recap recordings and completing tasks in virtual learning environments
- undertaking placements or study abroad
- attending Academic Personal Tutorial meetings

Engagement has been defined differently from attendance because not all forms of engagement require students to be present, either physically or virtually, at a particular time and place.

In the context of this policy only activities stipulated as module/programme requirements will be defined as either 'attendance' or 'engagement'.

- 1.5 Regular and appropriate attendance and engagement is stipulated in the General Regulations for Students and Ordinance 6 of the University of Exeter's Regulations.
- 1.6 Attendance and engagement requirements should be stipulated in programme specifications, module descriptors, student handbooks and/or other accessible means, clarifying what is expected of students while registered on particular modules/programmes and what the University can be expected to provide in support.
- 1.7 Attendance and engagement expectations will be adjusted as required on health and wellbeing grounds where supported by Wellbeing and Welfare Services. This may arise as a result of emerging health issues known to the service or be supported by recommendations contained within Individual Learning Plans (ILPs) or as part of the Health, Wellbeing and Support for Study (HWSS) Procedure.
- 1.8 The University's monitoring of student attendance and engagement, and intervention where necessary, will be based on digital records (where available). These will be aligned to the requirements stipulated by modules/programmes and as communicated to students. Where a digital record of required attendance and/or engagement does not exist, alternative manual monitoring processes may be undertaken.
- 1.9 As a Tier 4 Sponsor License holder, the University of Exeter is required to adhere to the.Tier 4 Sponsor Guidance issued by UK Visas and Immigration (UKVI). The monitoring process outlined in this policy ensure that the University meets the requirements of the Tier 4 Sponsor Guidance with regards to reporting non-attendance and engagement.



1.10 Programmes accredited by professional, statutory or regulatory statutory bodies (PSRBs) may have their own attendance and engagement requirements, which must be met in order to fulfil the standards of their degree. The University of Exeter expects students to meet these requirements where applicable.

#### 2. Monitoring

2.1 Students should seek approval for absence/non-engagement through the Taught Student Illness Procedure. Normally, absences will be approved for the following reasons:

- disability (in accordance with ILP and HWSS recommendations)
- illness
- medical appointments
- bereavement or other compassionate grounds
- police incident
- jury service
- unforeseen emergencies
- interview/career related appointments
- attendance at Bunacamp (or equivalent) (in line with the conditions)
- approved University visits, courses and exchanges
- 2.2 The attendance of students at scheduled learning and teaching activities and engagement with activities required of the programmes/module will be monitored during the academic year. Where data confirms that a student has failed to meet the University of Exeter's expectations on attendance and engagement at the appropriate threshold, automated communications will be sent to students to encourage their attendance and engagement, and to provide guidance on the sources of support that are available to all students at the University of Exeter. The email will also reiterate University of Exeter policy on attendance and engagement.
- 2.3 Where the defined thresholds are not met, the University may offer appropriate support options. Students may additionally be referred to the Health Wellbeing and Support for Study Procedures or the Unsatisfactory Student Progress and Engagement: Code of Good Practice.
- 2.4 To ensure that the University of Exeter meets the requirements of the Tier 4 Sponsor Guidance, contact points for Tier 4 students will be monitored. Where a Tier 4 student is absent from eight consecutive contact points a final warning will be issued as per the Unsatisfactory Student Progress and Engagement Code of Good Practice.



2.5 During periods of study off campus (e.g. study abroad and industrial/professional placements), the University of Exeter will continue to expect all students to attend and engage satisfactorily with this element of their programme. Attendance during these periods will be monitored for Tier 4 students and a minimum of ten contact points per year will be required.

#### 3 Responsibilities

This section sets out the responsibilities of students and staff in relation to attendance and engagement, as well as those of the University:

#### 3.1 Responsibilities of Students

#### Students will:

- attend all scheduled learning and teaching activities, and any other activities required by their modules and/or programme
- engage with all guided independent study, assessment and feedback, and any other activities required of their module and/or programme
- participate in the University of Exeter's attendance monitoring processes
- exhibit the characteristics of professionalism
- notify their discipline if they are unable to fulfil the requirements of their programme (inclusive of attendance at scheduled learning and teaching activities) for sickness or other reasons. Further guidance on this can be found in the Taught Student Illness procedure and International Student Support Attendance policy
- engage with the Health Wellbeing and Support for Study Procedures or Unsatisfactory Student Progress and Engagement Code of Good Practice when a referral has been made in light of unsatisfactory levels of attendance and/or engagement
- meet any PSRB attendance and engagement requirements where these are applicable to the programme

## 3.2 Responsibilities of Academic Staff

#### Academic Personal Tutors will:

- investigate and support their tutees attendance and engagement where data confirms that they have failed to meet the University of Exeter's expectations at the appropriate threshold
- discuss the attendance and engagement of their tutees on a regular basis in 1:1 tutorial
  meetings throughout the academic year and, where there is felt to be cause for concern,
  hold informal discussions with the student in the first instance in order to direct them to
  additional support or guidance
- where appropriate, in the light of module/programme requirements, actively take steps to contact students directly where sessions are missed
- follow and engage with the Academic Personal Tutoring Guidance in order to best support students to attend and engage appropriately
- communicate as appropriate with staff where there are structural problems militating against students being able to attend and/or engagement with programmes/modules



#### Module Convenors and Module Tutors will:

- support and encourage student participation in attendance monitoring processes during scheduled learning and teaching activities
- refer students who experience difficulties participating in attendance monitoring processes to support services
- review attendance and engagement data as necessary, taking steps to notify staff and students where expectations are not being met

#### Directors of Education, Programme Leaders and/or equivalent will:

- maintain oversight of attendance and engagement requirements within their programmes/disciplines
- support and encourage academic staff participation in attendance and engagement monitoring processes
- review attendance and engagement data as necessary

#### 3.3 Responsibilities of Professional Services Staff

#### Education and Student Experience Staff will:

 manage and maintain all relevant processes and systems and support Directors of Education, Programme Leaders, Academic Personal Tutors and Module Convenors (and equivalents of such) to ensure full compliance with the Taught Student Attendance and Engagement Policy.

## Education Support Advisors (Welfare) will:

- receive referrals from Academic/Personal Tutors/Education Support Teams where there may be welfare concerns and arrange to provide or signpost to any necessary support
- signpost to ILP process where reasonable adjustments related to attendance may be helpful
- initiate the Health, Wellbeing and Support for Study process if appropriate

# $3.4 \; \text{Responsibilities of the University of Exeter}$

# The University of Exeter will:

- be transparent about the attendance and engagement data that we collect and wherever possible, share this data with our students
- provide guidance for our staff and students on how to use, interpret and act on this data
- use data to improve student support and the services we provide
- ensure compliance with the monitoring and reporting requirements of external organisations such as the UKVI and PSRBs

## Self-reflection form



To evidence attendance, learning and action points. A copy of the form below is available on ELE and must be sent to admin via: CWP-EMHP@exeter.ac.uk

Programme Me	mber:
Date:	
Module / session	n:
Title:	
	learning in the session I reviewed, what made me stop and think? What are

- my personal learning points from the session?
- 2. What specifically can I take forward from the session into my role today?
- 3. What specifically do I want to take away and learn more about? Are there any tasks which arise from the session?
- 4. What action plan do I have regarding this?
- 5. Following completion of these tasks/action points, what am I taking away? (e.g. new learning, personal insights, impact on personal goals, practice etc).



## Module descriptors

The module descriptors can be found via the links below.

Module one: PYCM123

Module Information | Study information | University of Exeter

Module Two: PYCM090

Module Information | Study information | University of Exeter

Commented [IK35]: Swap with new ones

**Commented [WR36]:** @Hutton, Laura both links correct but these module descriptors may need to be reviewed/updated as they on ot include the new assessments e.g. 2 x 400 word briefs/formative assignment

**Commented [HL37R36]:** It's included as one piece on the descriptor- but I might look to clarify

#### **Professional Practice & Fitness to Practice Guidelines**

Code of Ethics and Conduct

Guidance published by the Ethics Committee

of the British Psychological Society

Students agree to adhere to these guidelines.

Psychologists/practitioners should:

- (i) Recognise that ethical dilemmas will inevitably arise in the course of professional practice.
- (ii) Accept their responsibility to attempt to resolve such dilemmas with the combination of reflection (reflective practice), supervision, and consultation.

Please familiarise yourself with the University's fitness to practice procedures, this is particularly important within clinical training

http://www.exeter.ac.uk/staff/policies/calendar/part1/otherregs/fitness/

This link covers;

# Part I: Introduction

The University's Fitness to Practise Policy

Scope of this regulation

 $\underline{\textbf{Fitness to Practise where programmes of studies are provided in partnership with other universities}$ 

Fitness to Practise during intercalated studies

 $\underline{\text{Fitness to Practise for students studying for a University award employed by a body with its own Fitness to}$ 

<u>Practise regulation</u>

Responsibilities of the University for supporting Fitness to Practise

Responsibilities to applicants

Responsibilities to students



**Commented [IK38]:** I checked most of the links ages ago to make sure they were working but we can divvy them up between and have another look?

**Commented [WR39R38]:** @Hutton, Laura I also checked the links to make sure they are working - they seem to be - all link to the same page as the one link embodies them all, but look of to me too.



#### Responsibilities of students

Student support

**Data protection and confidentiality** 

The Academic Lead for Fitness to Practise

The responsible Persons in Fitness to Practise matters

The Investigating Officer in Fitness to Practise matters

Monitoring the effectiveness of this regulation

#### Part II: Reporting and receiving concerns

Health and Wellbeing matters that might give rise to concerns about the Fitness to Practise of a student

<u>Unprofessional conduct that may give rise to concerns about the Fitness to Practise of a student</u>

The duty to raise concerns about the Fitness to Practise of a student

Reporting concerns when the student is at the University

Reporting concerns when the student is in a placement setting

Reporters

Anonymous reports of concern about the Fitness to Practise of a student on grounds of their health or

wellbeing

## Part III: Investigating concerns

Temporary suspensions of students when there are concerns about their Fitness to Practise

Appointing an Investigating Officer

Informing the student of an investigation

Investigating concerns relating to unprofessional conduct

The Investigating Officer's report

Investigation and reporting by an OH Professional

<u>Dealing with allegations of academic misconduct in the context of Fitness to Practise</u>

#### Part IV: Preliminary hearings

Receiving reports from an OH Professional and/or an Investigating Officer

The purpose of a preliminary hearing

Hearings in absentia

Sequence of events

Outcomes of a preliminary hearing

## Part V: Hearings by Fitness to Practise Panels

Status and purpose of Fitness to Practise Panels

Membership of a Fitness to Practise Panel

Training for Fitness to Practise Panel members

Attendance of the OH Professional, Investigating Officer and the Responsible Person

 $\underline{\text{Notice to the student in Fitness to Practise proceedings and information that must be provided for them}\\$ 

Expert and legal advice

<u>Preliminary matters for Fitness to Practise Panels</u>

Hearings in absentia

Burden of proof and standard of proof in a Fitness to Practise Panel hearing

Sequence of events at a Fitness to Practise Panel hearing

How the Fitness to Practise Panel reaches its decision

The options open to a Fitness to Practise Panel

Reporting the findings and recommendation of a Fitness to Practise Panel

Status of the student following a hearing by a Fitness to Practise Panel

#### Part VI: Appeal against the confirmed findings of a Fitness to Practise Panel

Making an appeal against the findings and/or recommendations of a Fitness to Practise Panel that have been

confirmed by the Pro-Vice Chancellor of a College

<u>Grounds for an appeal against the findings and/or recommendations of a Fitness to Practise Panel</u>



Appeals that do not fall within the grounds specified by the University

Convening a Fitness to Practise Appeal Panel

Membership of a Fitness to Practise Appeal Panel

<u>Training for new members of Fitness to Practise Appeal Panels</u>

Notice to the student and information that must be provided for them

Information that will be provided for a Fitness to Practise Appeal Panel

Expert and legal advice

The burden of proof and the standard of proof in an appeal against the findings of a Fitness to Practise Panel

<u>Purpose of Fitness to Practise Appeal Panels</u>

Preliminary matters for Fitness to Practise Appeal Panels

Hearings in absentia

The sequence of events at a hearing by a Fitness to Practise Appeal Panel

The options open to a Fitness to Practise Appeal Panel

Reporting the findings and recommendation of a Fitness to Practise Appeal Panel

#### Appendices:

Annex 1: Registration or regulatory bodies linked to University of Exeter programmes

Annex 2: Responsible Persons - Role description and person specification

Annex 3: Investigating Officers – Role description and person specification

Annex 4: Procedures for the temporary suspension of a student in connection with Fitness to Practise

Annex 5: Exceptions