

Supervision Preparation Form

Client ID	Sessions completed	Questionnaire	Questionnaire Scores	
			Session 1	Current Session
		SDQ		
		RCADS		

What is my supervision question (s)?

Action plan from my last supervision session?

Relevant Supervision goals/CTS-R Items/ Competency?

What are the presenting issues and goals for therapy that have been agreed with the young person and/or their parents/carers?

What is your working case conceptualization? Write or draw it here.

What is your therapy plan?

What is your therapy progress? If it is different from expected, conceptualize why response is not as expected. Use your conceptualization (above). Consider therapist factors (beliefs, edges in knowledge and/or deficits, life circumstances), the therapy relationship (e.g., is it positive and constructive) and the conceptualization (e.g., is something missing?), the treatment plan (e.g., is the focus right?).